

13th June 2024

Y5/Y6 RSHE curriculum (SRE)

Dear Parents/Carers

Starting next week Y5 and Y6 will be covering the 'growing-up' sections on the RSHE curriculum (SRE). This will take place over a few weeks. Boys and girls will be taught separately. I thought it would be helpful for you to have some extra information about the topics covered.

Y5 – G1/3/4) Body changes during puberty, staying clean and menstruation?

Objectives- Understand the physical changes that people go through during puberty, particularly ages 9 -11. This includes identifying male and female body parts and male and female genitalia. It also includes information about wet dreams for boys and breast growth for girls. What menstruation is and how to manage it? Personal hygiene?

Y6 – G4/2 and SX2) revisit menstruation, changing feelings and emotions, How babies are made?

Objectives- To know the internal sex organs and how they are used to create a baby - To know the basic facts about how babies are made (sexual intercourse) - To know that the law states that people should not have sex until they are over 16 and consent is given by those involved.

Overview -We are covering the following subjects:

- 1) Anatomy - External and internal genitalia
- 2) Mechanics of sexual reproduction
- 3) How sperm and ova combine to form an embryo
- 4) How an embryo grows into a baby, inside the uterus
- 5) Consent and the law

We will not be covering the following subjects:

- 1) Sexual positions
- 2) Specifics of sexual relationships
- 3) Speculation on how sexual orientation relates to sex

As you can see there is a lot of content and I wanted to reassure you that all these lessons will be taught with sensitivity and care.

If you are at all worried or have any further questions I would be happy to talk to you. You are welcome to leave me a message at the school office and I will get back to you. Or if you would prefer to email me directly my email address is:

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regards

Mrs Needham – Learning Mentor